

## **Enjoy Free Family Activities**

Prepare for the weather with sunscreen, drinking water, hats & rain wear. Programs may be cancelled or relocated inside due to inclement weather.

August 4 & 10

1	BEAR NECESSITIES	September 1 11:00am - 12:30pm	Castle Falls Day Use	have in the Castle & how to keep them safe, wild & their paws away from our snacks
ı	FISHING FOR FUN	August 3 &14 2:00 - 3:30pm	Beaver Mines Lake Boat Launch	No Trout about it, our intro to fishing will leave you hooked!
	HUMMINGBIRD HOMES	August 4 September 1 2:30 - 3:30pm	Castle Falls Day Use	Uncover how hummingbirds make their nests then build your own edible one.
I	NVADERS	August 3, 10 & 31 2:30 - 3:30pm	Beaver Mines Lake Boat Launch	Discover who is trying to storm the Castle and what you can do to stop them!
	MINDFULNESS IN THE MOUNTAINS	August 10, 18, 22, 31 2:30 - 3:30pm	Beaver Mines Lake Lakeview Day Use	Indulge in 45 minutes of guided meditation.

	2:30 - 4:00pm	Parking Lot	compass skills.
THRIVE & SURVIVE	August 11	Syncline North	Learn what to pack for a

Syncline South

Parking Lot

August 11 & 16

2:30 - 4:00pm

TRICKY TRACKS	August 2 & 11 10:00 - 11:30am	Castle Falls Day Use	Discover the tricky tracks of Castle Provincial Park and explore making your own.

WATER WALK-ER	August 4 & 17 September 1 1:30 - 2:45pm	Castle Falls Day Use	Take a walk to discover why water is key to the Castle.
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**STAYING FOUND** 



Find your inner Navigator

as you learn basic map &

on this short hike